I'm ready to talk to a doctor

Discussion Guide



When it comes to healthcare, good communication is always important. With acute myeloid leukemia (AML), it is essential to advocate for your health and seek the care and treatment you need.

AML is an aggressive type of blood cancer in which the bone marrow makes abnormal blood cells. There are different subtypes of AML that are each caused by a unique mutation (or change) in our body's genes.

Don't be afraid to ask your health care team any questions you may have along your journey. We've provided some questions to help you start the conversation, as well as space for you to take notes.

Questions about AML diagnosis and testing:

- What tests were done to diagnose my AML?
- · How common is AML? Does it usually affect people like me?
- · Is my AML progressing? If so, how fast?
- · How will I know if my AML has come back?
- Have I been tested for mutations like FLT3? How will my results impact treatment?
 - If I have already been tested, do I need to be retested?

		ь
/		
	Э.	
	0	
٧.		

Questions about the AML care team:

- · What type of doctors and specialists will be part of my treatment team?
- · How often should we meet?
- How much experience do you have treating AML?
- · Whom can I call if I have questions or concerns about my treatment side effects?
- · Whom can I call after hours?

	$\overline{}$
4	
	-
	Б.
	J

Questions about how AML might impact your lifestyle and daily activities:

- · How will my AML diagnosis affect my daily lifestyle?
 - Will I be able to continue working, exercising, along with other activities?
- · Will I need to alter my diet? Can you recommend a nutritional specialist?

Questions about next steps, including treatment:

- · When do I need to start treatment and what will the treatment schedule look like?
- How does my medical history affect my treatment options?
- · For each treatment option:
 - How will this treatment make me feel?
 - Will this treatment be administered at home, on an outpatient basis, or in the hospital? How long will it take?
 - How will I know if the treatment is working?
 - What are the potential risks or side effects associated with this treatment?
 - What are the long-term impacts?
- · What are my options if my treatment is not working, or my AML comes back?

-		
	4	

Questions about finding further support:

- · How can I prepare for what is to come?
- · Can you recommend support groups or a counselor for both me and my loved ones?

These questions are meant to be a starting point. You should ask your health care team about anything that is important to you.

For more information about relapsed or refractory (R/R) AML and FLT3 mutations, please visit www.BeAMLReady.com.